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TITLE : PREPARATION OF SOYA MILK YOGURT

ABSTRACT : PURPOSE: To prepare a soya milk yogurt having delicious taste and effective in supplying the human body with the nutrient of soybean and calcium, by adding sodium citrate to a soya milk, adding a coagulant containing calcium lactate to the mixture, and carrying out the boiling, coagulation and sterilization of the milk.

CONSTITUTION: Soaked and swollen soybeans are ground, boiled and filtered to obtain soya milk having high concentration. The soya milk is incorporated with a small amount of sodium citrate to retard the coagulation of the milk with a coagulant. The soya milk prepared above is mixed with a proper amount of a coagulant containing calcium lactate, useful as a calcium-replenishing agent for human body and effective in slowly coagulating the soya milk. The objective yogurt can be prepared by boiling, coagulating and sterilizing the mixture.

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